

## How to Stay in the Word, Even in a Busy World

Something that a Sunday sermon, a powerful podcast, or a beneficial blogpost cannot replace is our personal quiet time in the Word of God. Jesus said, "And this is eternal life, that they know You, the only true God, and Jesus Christ whom You have sent" (John 17:3). **The way for us to know God is by engaging regularly in His Word.** But in such a busy world, how is this possible?



### 1) Carve Out the Time

- If we have time to scroll through our social media feed or watch another episode, **we have time that we could carve out from our day to spend in God's Word.** In fact, if we find ourselves forgoing time with the Lord to be on social media or to watch a show, we may need to honestly ask ourselves, *what place does God have in our life?*

### 2) But for how long?

- **Start with just 5-minutes.** That's right, only 5-minutes.
- We will find that as our relationship with the Lord deepens, eventually, 5-minutes turns into 15-minutes, and easily into an hour.

### 3) Well, reading the Bible is so boring and confusing...

- If we are just starting to read the Bible, **beginning with the New Testament** is the best place to start. Other books to consider are the Psalms or Proverbs from the Old Testament. **It is not necessary to read an entire chapter,** although it is best to do so to understand the context. **There is still much to gain from reading half a chapter or even a paragraph.**
- Hebrews 4:12 tells us, "For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart." **As we read God's Word, we do not need a theological degree to understand Scripture, God gave us His Holy Spirit to be our Guide.** We simply need to ask the right questions: *What is a truth about God that I could carry with me throughout the day? What is God possibly convicting me of about my life from this passage? What is God challenging me to do for His Kingdom?* **There is always something for us to glean from God's Word.**

### 4) I'm doing all of the above, now what?

- **Do not keep what you are learning from God's Word just to yourself—share it with others!** Whether with a believer or unbeliever, be bold and tell others what God is doing in your life through His Word!
- **You are the vessel that God has chosen to share His good news to the world,** as Romans 10:14-15 says, "How then will they call on him in whom they have not believed? And how are they to believe in him of whom they have never heard? And how are they to hear without someone preaching? And how are they to preach unless they are sent? As it is written, 'How beautiful are the feet of those who preach the good news!'"

